Project for Moral Perfection:
Your Turn!

A. Target Virtues

Identify FIVE virtues that are important to you and that you feel address areas where you could improve yourself. For each one, write a brief elaboration, as Franklin did. You may select from Franklin’s virtues or determine your own.

1. Virtue: _________________________________
   Elaboration:
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________

2. Virtue: _________________________________
   Elaboration:
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________

3. Virtue: _________________________________
   Elaboration:
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________
   _______________________________________

4. **Virtue:** ______________________________
   
   **Elaboration:**
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________

5. **Virtue:** ______________________________
   
   **Elaboration:**
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________
   
   ________________________________________
B. Charts and Journal Entries

For the next seven days, you will reflect each evening about your experience. First, you will mark your infractions on a chart as Franklin did. Then you will write a journal entry about your experience. Reflect on your successes and/or failures for the day, your reaction to the challenge, any obstacles you confronted, etc.

The virtue that will be your focus for the week:

(Fill in virtues below.)

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Journal Entry #1:

Journal Entry #2:
Journal Entry #3:

Journal Entry #4:

Journal Entry #5:
C. Follow-up Reflection Questions

1. What was the most challenging part of this undertaking?

2. Reflect on your level of success.

3. Did anything about this experience surprise you? Explain.